

Holywell Primary - Assemblies Schedule – Summer 2019

| Term 1 | Monday | Wednesday & Thursday | | Friday Class Assembly | |
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| | Ethos Assembly | Topics for PHSE | | Topic / Theme | Whole School Assembly |
| Week Beginning | KS1 - 10:30 Olympic Hall KS2 - 11:15 - Olympic Hall | Resilience I can say what I want to happen when there is a problem I can think of lots of different ideas or solutions. I can predict and understand the consequences of my solutions or ideas. I can choose a realistic goal. | Resilience Resilience is the ability to cope with life's challenges and to adapt to adversity. | Class | 9:10am Y1-6 - Olympic Hall |
| 23-4-19 | We all have things to overcome in life | Knowing myself I can tell you the things I like doing and the things I don't like doing. I can say how I feel when I am feeling proud. I can tell you about my gifts and talents. I can tell you something that makes me feel proud. I know when I learn best. | Resilience is the ability to cope with life's challenges and to adapt to adversity. Your levels of resilience can change over the course of your life. | Mr van Straaten | Friday 26th April 2019 |
| 29-4-19 | Life throws things at us I can tell you about myself as a learner. I can use my strengths as a learner. I know that I am responsible for my own learning and behaviour. I know what I need to learn effectively. | Perfection doesn't exist What do you do, or what do you suggest that others should do, to help build resilience? | Ramadan | Hazel | Friday 3rd May 2019 |

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| | I know how my feelings can influence my learning. | | | | |
| 7-5-19 | <p>Resilience: some people bounce back</p> <p>Setting a realistic goal I can foresee obstacles and plan to overcome them when I am setting goals.</p> | <p>I know more names for feelings than I did before. I can use more words to express my feelings. I can tell when I am feeling worried or anxious. I can tell you some things that make me feel anxious. I can tell when I am feeling proud.</p> <p>Persistence I can recognise when I find learning difficult and persevere when I need to. I can manage frustration by using a number of strategies. I know when to keep trying and when to try something else. I can identify some barriers to my learning. I can think of ways to overcome</p> | <p>Resilience barriers to my learning. I can understand that some thoughts help me reach</p> | Hawthorn | Friday 10 th May 2019 |
| 13-5-19 | <p>House assemblies</p> <p>Does resilience reveal why some people thrive while others do not?</p> <p>I can set success criteria so that I will know whether I have reached my goal. I can break down a goal into a number of steps and wait for the result. I know how others can help me to achieve my</p> | <p>Persistence I can tell you how I keep going even when the task is difficult I know when to keep trying and when to try something else. I can identify some barriers to my learning. I can think of ways to overcome</p> | <p>Resilience Does resilience reveal why some people thrive while others do not?</p> <p>I can set success criteria so that I will know whether I have reached my goal. I can break down a goal into a</p> | Mulberry | Friday 17 th May 2019 |

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| | goals and how I can help others. | | number of steps and wait for the result. I know how others can help me to achieve my goals and how I can help others. | | |
| 20-5-19 | Focus away from the self I know how to do something about my worry. I know when and how to stop and think before I act. | Resilience is the ability to know where, how and when to use your energies to improve things for yourself and how to recruit help in that endeavour” | Resilience Focus away from the self I know how to do something about my worry. I know when and how to stop and think before I act. | Sycamore | Friday 24 th May 2019 |
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| Term 2 | Monday | Tuesday & Thursday | Friday Class Assembly | Friday | |
| | Ethos Assembly | Topic for PSHE | Topic / Theme | Whole School Assembly | |
| Week Beginning | KS1 - 10:30 Olympic Hall KS2 - 11:15 - Olympic Hall | Resilience- How can I become more resilient? | | Class | 9:10am Y1-6- Olympic Hall |
| Monday 3-6-19 | I know what makes me feel relaxed and what makes me feel stressed. | I know what it feels like to be relaxed. I can show or tell you what relaxed means. I can tell you what places help me to relax. | Eid al fitr | Rowan | Friday 7 th June 2019 |

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| | I know how to do something about my worry. I know when and how to stop and think before I act. | I can explain some things that help me stop worrying. I can change my behaviour if I stop and think about what I am doing. I can think about my worries and decide what I might do about them. I can tell when I should share a worry. | | | |
| Monday 10-6-19 | Hold high expectations To think about themselves, learn from their experiences and recognise what they are good at; | To know how to set a simple goal; To face new challenges positively by collecting information, looking for help, making responsible choices and taking action; To resolve differences by looking at alternatives, making decisions and explaining choices; To recognise the different risks in different situations and then decide how to behave responsibly; | Father day | Blue base | Friday 14 th June 2019 |
| Monday 17-6-19 | House assemblies Understanding my feelings I can tell you about a time that I felt embarrassed and what it felt like. | Knowing myself I can think about what embarrasses me and learn something about me that I didn't know before. Managing my feelings I know some things to do when I feel embarrassed that will not make things worse. I can use some strategies to manage feelings associated with loss. | My feelings Understanding my feelings I can tell you about a time that I felt embarrassed and what it felt like. | Red base | Friday 21 st June 2019 |
| Monday 24-6-19 | Why is it becoming harder for young people to bounce back after setbacks? | I can tell when I am hiding a feeling and then choose to share it with someone. Understanding the feelings of others I have helped someone who felt embarrassed. I know how to make people feel good about themselves. | Good to be me | Elm | Friday 28 th June 2019 |

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| | | <p>I know some of the feelings people have when someone close dies or leaves.</p> <p>I understand that different people show their feelings in different ways.</p> | | | |
| Monday 1-7-19 | Encourage young people to volunteer and help others | <p>To recognise how their behaviour affects other people.</p> <p>To recognise their worth as individuals, by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals;</p> | <p>Resilience</p> <p>To recognise their worth as individuals, by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals;</p> | Maple | Friday 5 th July 2019 |
| Monday 8-7-19 | <p>Don't over worry</p> <p>To face new challenges positively by collecting information, looking for help, making responsible choices and taking action;</p> | <p>To recognise that their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view.</p> | <p>Resilience</p> <p>To face new challenges positively by collecting information, looking for help, making responsible choices and taking action;</p> | Birch | Friday 12 th July 2019 |

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| Monday 15-7-19 | House assemblies To face new challenges positively by collecting information, looking for help, making responsible choices and taking action; | To resolve differences by looking at alternatives, making decisions and explaining choices; | Leavers assembly | Leavers assembly | Friday 19th July 2019 |
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