

## Holywell RSE Overviews

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer1	Summer 2
FOUNDATION STAGE	EYFS						
KEY STAGE 1	Year 1		Body Parts Differences: Boys and girls <u>Science Unit</u> <u>Animals Human body</u>				
	Year 2			Differences: Boys and girls Naming Body Parts <u>Science Unit</u> <u>Growth and Survival</u>			
LOWER KEY STAGE 2	Year 3			Differences: Male and Female <u>Science Unit</u> <u>Animals and Humans</u>			
	Year 4			Differences: Male and Female <u>Science Unit</u> <u>Classification</u> <u>Habitats</u>			
UPPER KEY STAGE 2	Year 5			Puberty and hygiene <u>Science Unit</u> <u>Life Cycles</u>			Talking about puberty Becoming men and women Menstruation and wet dreams

							Menstruation education
	Year 6			Conception and pregnancy <u>Science Unit</u> <u>Humans and Health</u>			Puberty and reproduction Relationships and eproduction Being a parent HIV Transmission FMG

 To also be covered in the relevant science units as parents cannot withdraw their children from the coverage of these units.

 Sex Education coverage.

	<b>Learning Intention</b>	<b>End of Key Stage Statements</b>	<b>Suggested Resources</b>
<b>Year 1 Body Parts</b>	To recognise their bodies' capabilities and uniqueness. <b>Learning Outcomes</b> To identify similarities and differences between themselves and the opposite gender. To recognise and name, using the proper terminology, parts of the body and what those parts do.	3e, the names of the main parts of the body	Year 1, Sex and Relationship Education  SEAL Scheme of Work
<b>Year 2 Differences: Boys &amp; Girls</b>	To understand and respect differences and similarities between boys and girls <b>Learning Outcomes</b> Describe the ways boys and girls can be the same and different Understand that some people have fixed ideas about what boys and girls can do Describe the difference between male and female babies	1b share their opinions on things that matter to them and explain their views 4c, to identify and respect the differences and similarities between people	Year 2 Teaching SRE with Confidence, The Christopher Winter Project  SEAL Scheme of Work
<b>Year 2 Difference Male and Female</b>	To explore some of the differences between males and females and to understand how this is part of the life cycle <b>Learning Outcomes</b> Describe some differences between male and female animals Describe some differences between boys and girls Understand that making a new life needs a male and a female	3e, the names of the main parts of the body 4c, to identify and respect the differences and similarities between people	
<b>Year 2 Naming body parts</b>	To focus on sexual difference and to name body parts <b>Learning Outcomes</b> Describe the differences between males and females Name the male and female body parts including external genitalia e.g. vulva, vagina, penis, testicles.	Science 2a, to recognise and compare the main external parts of the bodies of humans and of other animals	
<b>Year 3 Differences: Males and Females</b>	To recognise the difference between males and females including body parts <b>Learning Outcomes</b> Identify the differences between males and females Name male and female body parts using correct terminology	3c, about how the body changes as they approach puberty Science 2a, to recognise and compare the main external parts of the bodies of humans and of other animals	Year 3 Topic 1, Sex and Relationship Education Scheme of Work  SEAL Scheme of Work

<p><b>Year 4 Differences: Males and Females</b></p>	<p>To recognise the difference between males and females including body parts  <b>Learning Outcomes</b>  Identify the differences between males and females  Name male and female body parts using correct terminology</p>	<p>3c, about how the body changes as they approach puberty  Science 2a, to recognise and compare the main external parts of the bodies of humans and of other animals</p>	<p>Year 4 Teaching SRE The Christopher Winter Project  SEAL Scheme of Work</p>
<p><b>Year 5 Talking About Puberty</b></p>	<p>To explore the emotional and physical changes that occur during puberty  <b>Learning Outcomes</b>  Explain the main physical and emotional changes that happen during puberty  Ask questions about puberty with confidence</p>	<p>1d, to recognise as they approach puberty, how people’s emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way  3c, learn about how the body changes as children approach puberty  Science 1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction  2f, about the main stages of the human life cycle</p>	<p>Teaching SRE The Christopher Winter Project  SEAL Scheme of Work</p>
<p><b>Year 5 Puberty and Hygiene</b></p>	<p>To explore the impact of puberty on the body and the importance of physical hygiene  To explore ways to get support during puberty  <b>Learning Outcomes</b>  Explain how to stay clean during puberty  Describe how emotions change during puberty  Demonstrate how to seek help and support during puberty</p>	<p>3c, learn about how the body changes as children approach puberty  Science 2f, about the main stages of the human life cycle</p>	
<p><b>Year 5 Menstruation and wet dreams</b></p>	<p>To understand that menstruation and wet dreams are a normal part of growing up  <b>Learning Outcomes</b>  Explain and ask questions about menstruation and wet dreams  Describe how to manage period and wet dreams</p>	<p>3c, learn about how the body changes as children approach puberty  Science 2f, about the main stages of the human life cycle</p>	
<p><b>Year 5 Menstruation education for girls</b></p>	<p>To explore in menstruation issues in detail with girl only groups  <b>Learning Outcomes</b>  Understand why girls and women have periods  Know and discuss how to manage periods</p>	<p>3c, learn about how the body changes as children approach puberty  Science 2f, about the main stages of the human life cycle</p>	

<p><b>Year 6 Puberty and Reproduction</b></p>	<p><b>To explore the emotional and physical changes that occur during puberty</b>  <b>Learning Outcomes</b>  Describe how and why the body changes during puberty in preparation for reproduction.  Talk about puberty and reproduction with confidence</p>	<p>1d, to recognise as they approach puberty, how people’s emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way  3c, learn about how the body changes as children approach puberty  Science 1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction</p>	<p>Year 6 Teaching SRE The Christopher Winter Project  SEAL Scheme of Work</p>
<p><b>Year 6 Relationships and Reproduction</b></p>	<p><b>To consider reproduction in the context of relationships</b>  <b>Learning Outcomes</b>  Explain how babies are made  Discuss different types of adult relationships with confidence (including single parents, same-sex parents, step-parents, blended families, foster parents)</p>	<p>4c to be aware of different types of relationships, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p>	
<p><b>Year 6 Conception and pregnancy</b></p>	<p><b>To explore the process of conception and pregnancy</b>  <b>Learning Outcomes</b>  Describe the decisions that have to be made before having a baby  Know some basic facts about pregnancy and conception</p>	<p>2e, That their actions affect themselves and others, to care about other people’s feelings and to try to see things from their points of view</p>	