



# Holywell Primary School

Tolpits Lane, Watford, Herts, WD18 6LL

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Headteacher: Mr Coert van Straaten MA. Ed, Dip Edu, NPQH

*we are a learning community with the spirit to succeed*

12<sup>th</sup> June 2019

Dear Parents/Carers of Year 5 and Year 6

As part of our Personal, Social and Health curriculum the Class Teachers of Year 5 and Year 6 will be leading sessions on puberty and sex education to the pupils of Year 5 and Year 6 on Friday 21<sup>st</sup> June 2019.

The children from Year 5 will watch a DVD covering -

- To explore the emotional and physical changes occurring in puberty
- To understand male and female puberty changes in more detail
- To explore the impact of puberty on the body and the importance of hygiene
- To explore ways to get support during puberty

The children from Year 6 will watch a DVD covering -

- To consider puberty and reproduction
- Consider physical and emotional behaviour in relationships
- To explore the process of conception and pregnancy
- To explore positive and negative ways of communicating

The Class Teachers will be available throughout the session and will be able to answer any questions the children may have, sharing age appropriate information. This is an important part of the personal, social and health curriculum and we believe it is essential that the children are allowed to take part in the sessions. However, if you choose to remove your child from the lessons you must provide the reason for this in writing to the school by Wednesday 19<sup>th</sup> June 2019. You will also have the responsibility to teach the information covered in class to the children at home and will need to confirm in your letter how you intend to do this.

**We would also like to make parents/carers aware that, following the lessons the children will undoubtedly share information on the playground. This does mean that even if you remove your child from the lesson they will no doubt hear some of the information shared from their classmates.**

On Tuesday 18<sup>th</sup> June 2019 parents and carers will have the opportunity to view the DVD prior to the lessons taking place.

- Parents/Carers of children in Year 5 at 5:00 pm
- Parents/Carers of children in Year 6 at 5:30 pm

If you would like to attend the viewing please confirm this on the reply slip attached.

Please sign and return the slip below to your child's Class Teacher by Wednesday 19<sup>th</sup> June 2019 at the latest. **If you do not want your child to watch the DVD and participate in the session you must tick the box on the return slip below and, as detailed above write to myself to confirm why you wish your child to be removed from the lessons.** If you have any concerns then please do make every effort to watch the DVD before deciding if you would like to remove your child from the lesson.

Yours faithfully



Mr C van Straaten  
Headteacher

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**Year 5 and Year 6 Personal, Social and Health Education: Puberty and Sex Education**

Name of child: ..... Class: .....

I have received and understood the letter above.

I would like to attend the Parent Session to watch the Puberty DVD Yes/No\*

\*Please delete as appropriate

Signed: ..... (Parent/carer) Date .....

Name: ..... (Please print name)

☐ I do not want my child to watch the video or participate in the session.

**You must confirm in writing the reasons for removing your child from these lessons. Please confirm by separate sheet, or on the back of this letter, the reason for removing your child and how you intend to teach them the information they will miss as a result of not attending the lessons.**