

**Hertfordshire School Immunisation Team**

5 Portmill Lane  
Hitchin  
Herts  
SG5 1DJ  
**Tel: 01462 341173**

Dear Parent or Guardian,

As we are now entering flu season, please make sure that you contact us as soon as possible if your child had not already received the vaccination as we are going to be running more catch up sessions in January.

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

The vaccination is free and is a quick and simple spray up the nose.

Please contact the Immunisation Team on the above number or email us at [vaccinationhertfordshire@evguk.co.uk](mailto:vaccinationhertfordshire@evguk.co.uk) so we can arrange for your child to receive their Nasal Spray as you can not get this vaccine at your GP.

Vaccination UK

**School Immunisation Team - Hertfordshire**