

## School Nurse contact details:

Please call the Hertfordshire family Centre Service to opt out of any screening, or to discuss you child on:

**0300 123 7572**

Alternatively email the area in which your child attends school:

Welwyn and Hatfield, East Herts or Broxbourne:

**HCT.SHWBSWH@nhs.net**

Stevenage, Royston or North Herts: **HCT.rsnh@nhs.net**

Watford, 3 Rivers or Hertsmere: **HCT.W3RH@nhs.net**

St Albans or Dacorum: **HCT.stadac@nhs.net**

## Comments or complaints

Hertfordshire Community NHS Trust offer high quality services and aim to be as helpful as possible. If however you are dissatisfied by our service then we would like to know so that we can make improvements.

Please contact either:

### Patient Advice and Liaison Service (PALS)

Tel: 0800 011 6113

10am to 2pm, Monday to Friday

Messages can be left outside these hours.

Email: [pals.hchs@nhs.net](mailto:pals.hchs@nhs.net)

Hertfordshire Community NHS Trust

Unit 1a Howard Court

14 Tewin Road

Welwyn Garden City

Hertfordshire

AL7 1BW

Telephone: 01707 388000

Email: [hct.communications@nhs.net](mailto:hct.communications@nhs.net)

Web: [www.hct.nhs.uk](http://www.hct.nhs.uk)

If you would like a copy of this document in LARGE PRINT, Braille or audio tape, or would like this information explained in your own language, please contact 01707 388164.

## Hertfordshire Public Health Nursing Service School Nursing

The Public Health Nursing Service in Hertfordshire delivers the healthy child programme to school aged children between the ages of 5-19 who attend a state funded school, in Hertfordshire.

We promote healthy lifestyles but also offer support to children and families at times when extra help is needed, such as help with emotional difficulties and coping with long term health conditions.



[www.healthforkids.co.uk](http://www.healthforkids.co.uk)



Hertfordshire  
Family Centre  
Service

Hertfordshire Community  
NHS Trust



The Team provides support, advice and signposting on a range of health issues that can affect a child or young person. These may include:

- emotional and mental health issues
- Healthy eating and weight management
- Wetting, soiling and constipation
- Immunisation advice
- Support for young carers
- Health conditions requiring medication in school
- Sexual Health

We have a team of staff who can offer individual, or group sessions where appropriate, to support children and young people in school.

During your child's first year in school (reception) we will ask you to complete an online questionnaire about your child's health and wellbeing. This is called The Lancaster Model. Once you have completed this we may contact you to discuss your child's health. Children and young people also complete an online health assessment in year 6 and year 9. For more information please visit: <https://www.thelancastermodel.co.uk/>

Please contact your local school nursing service (details on reverse) should you wish to discuss any health concerns for your child. You can also refer direct to the service by completing an online referral form available on our website at :

<https://www.hertsfamilycentres.org>

## School Entrance Screening

All children in Reception have their height and weight measured, and their distance vision and hearing checked. If your child has not had these completed in their previous school and you are concerned, please contact us. Parents and carers are informed of the results. Any results which may have an effect on your child's education (hearing or vision) will be shared with their class teacher. Children are then offered a height and weight measurement in year 6, as part of the National Child Measurement Program (NCMP).

**If you do not wish your child to be seen, or your child is currently attending a vision or hearing clinic and you do not wish us to screen them, please contact us within two weeks of receiving this leaflet.**

It is important that all children are fully immunised prior to starting school including having their pre-school booster and second MMR. Please contact your GP if your child has not received these immunisations or you have any concerns regarding this.

Hertfordshire Community NHS Trust is committed to protecting your privacy and will process the information you provide in a manner that is compliant with the Data Protection Act. Health information about your child will only be shared with your consent. Further information about how your data is stored can be found here:

<https://www.hct.nhs.uk/about-us/data-protection-and-your-information/>

Information will not be shared with any other outside agency unless it is necessary for the protection of a child or vulnerable adult.